

RESEARCH PLAN
Quality of Life Research Centre
2026-2027

Year	Research area
2026-2028	University dropout and its implications for the quality of life Research group members: Sántha Ágnes, Tóth-Batizán Emese Emőke, Metz Eszter, Biró Enikő, Máthé Réka Zsuzsánna Financial support: 2024-2-HU01-KA220-HED-000295434 Partners: Károli Gáspár University of the Reformed Church in Hungary, Budapest, Hungary J. Selye University, Komárno, Slovakia II. Rákóczi Ferenc Transcarpathian Hungarian University, Berehove, Ukraine Ongoing research topics: 1. Risk factors of university dropout: the socio-demographic profile of at-risk students 2. Impact assessment of institutional policies for university dropout prevention
2026-2027	Family-related and social protective factors of health Research group members: Sántha Ágnes, Tóth-Batizán Emese Emőke, Biró Enikő, Nistor Laura, Jávorné dr. Erdei Renáta (University of Debrecen), Koródi Melinda MD Financial support: 2023-1-HU01-KA220-HED-000156058 Partners: „Gheorghe Emil Palade” University of Medicine, Pharmacy, Science and Technology of Tîrgu Mureş Bihar County Clinical Emergency Hospital (dr. Oana Cornuțiu) Tîrgu Mureş Penitentiary (dr. Uzun Cosmina Cristina) University of Debrecen (Jávorné dr. Erdei Renáta) Procardia Medical Centre, Tîrgu Mureş Ongoing research topics: 1. Family structure antecedents of suicide 2. The health of detainees at Tîrgu Mureş Penitentiary

	3. Parental vaccine incomppliance for child vaccination. The study of social context and attitudes 4. Health literacy and its association with chronic disease management
2026-2028	Geopolitic impact of public health initiatives of the European Union upon internal market dynamics Research group members: Máthé Réka Zsuzsánna, Sántha Ágnes, Tóth-Batizán Emese Emőke, Metz Eszter, Kocsis Lóránt Zsombor Partners: University of Public Service, Budapest – Eustrat Research Centre Ongoing research topics: 1. The impact of health initiatives of the European Union, particularly the efforts of common vaccine acquisition, upon the relation between member states with respect to distribution, sovereignty and cooperation 2. The impact of health initiatives upon the relations with external actors in the field of public health (China, USA) 3. The role of health initiatives in increasing the soft power of the European Union
2026-2028	The study of mental health of populations in Eastern Europe Research group members: Kovács Réka Rozália, Lukács-Márton Réka-Anna, Tatai Csilla, Zsigmond István, Tőkés Gyöngyvér-Erika Partners: Babes-Bolyai University, Faculty of Reformed Theology and Music, Cluj Napoca (dr. Kovács Szabolcs) Károli Gáspár University of the Reformed Church in Hungary, Budapest (dr. Kövi Zsuzsanna) Fehérvári Medcenter Kids Ongoing research topics: 1. Factors that affect mental health 2. The impact of social and cultural factors 3. Stress and coping strategies 4. The incidence and treatment of mental health problems 5. Mental health of detainees
2026-2027	The impact of the internet and digital devices upon everyday lives Research group members: Kovács Réka Rozália, Lukács-Márton Réka-Anna, Tatai Csilla, Zsigmond István, Tőkés Gyöngyvér-Erika

	Partners: Babes-Bolyai University, Faculty of Reformed Theology and Music, Cluj Napoca (dr. Kovács Szabolcs) Károli Gáspár University of the Reformed Church in Hungary, Budapest (dr. Kövi Zsuzsanna) Fehérvári Medcenter Kids Ongoing research topics: 1. Internet and digital device usage habits 2. The positive effects of technology 3. The risks of excessive internet and digital devices' usage 4. Prevention and intervention strategies
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Tîrgu Mureş
17.12.2025

Prepared by
Ágnes Sántha, associate professor

